



PRELIMINÄRA RESULTAT

Antal deltagare: 162

| Klass | Plac | Start nr | Namn | Klubb | Totalt | Diff. |
|---|------|----------|------------------------|---------------------------|--------|-------|
| Herrar 5 km Intervallstart klassisk stil | | | | | | |
| | 1 | 167 | KARLBERG Daniel | Ljusdals RC | 16:41 | 0 |
| | 2 | 117 | LINDMARK Marcus | Kovlands IF | 18:08 | 1:27 |
| | | 151 | HISSEIN DINE Saddam | Sandarne IF | 18:08 | 1:27 |
| | 4 | 109 | SÖRLING Olle | - | 19:51 | 3:10 |
| | 5 | 150 | TZADA Aziz | Sandarne IF | 20:21 | 3:40 |
| | 6 | 142 | HASSELKVIST Nils-Göran | Högbo GIF | 21:05 | 4:24 |
| | 7 | 139 | NORLING William | Norråla IF | 21:16 | 4:35 |
| | 8 | 118 | LARSSON Johan | Gävle skidkamrater | 21:45 | 5:04 |
| | 9 | 126 | RÖNNLUND Micke | Ockelbo SK | 21:57 | 5:16 |
| | 10 | 141 | MELIN Algot | Norråla IF | 22:09 | 5:28 |
| | 11 | 127 | ASPLUND Jakob | - | 22:26 | 5:45 |
| | 12 | 116 | LINDMARK Robert | Kovlands IF | 22:31 | 5:50 |
| | 13 | 115 | BEHLANDER Tomas | - | 22:34 | 5:53 |
| | 14 | 147 | MÄRTENSSON Richard | - | 23:45 | 7:04 |
| | 15 | 148 | SAHLBERG Hugo | Stugsunds IK | 24:32 | 7:51 |
| | 16 | 125 | SAHLBERG Albin | Stugsunds IK | 24:33 | 7:52 |
| | 17 | 158 | BERG Chrisoffer | - | 26:33 | 9:52 |
| | 18 | 140 | NORLING Petter | Norråla IF | 27:30 | 10:49 |
| | 19 | 138 | HANSSON Hans-Erik | Svenska fönster | 28:05 | 11:24 |
| | 20 | 119 | LÖFGREN Jimmy | Söderhamns IF Friidrott | 28:26 | 11:45 |
| | 21 | 108 | OHLSSON Mathias | - | 28:46 | 12:05 |
| | 22 | 124 | ZÄLL Marcus | - | 31:07 | 14:26 |
| | 23 | 153 | ANDERSSON Viktor | Hälsinglands multisport | 31:14 | 14:33 |
| | 24 | 154 | ANDERSSON Anders | Hälsinglands multisport | 31:19 | 14:38 |
| | 25 | 121 | ANDERSSON Lennart | Old Cross Sports Club | 31:43 | 15:02 |
| | 26 | 122 | PETTERSSON Lars-E | S G F | 31:48 | 15:07 |
| | 27 | 146 | MÄRTENSSON Thomas | - | 33:28 | 16:47 |
| | 28 | 111 | REINIUS Staffan | MP Söderhamn | 34:03 | 17:22 |
| | 29 | 114 | PERSSON Åke | Åke Sundvall Byggnads AB | 34:04 | 17:23 |
| | 30 | 143 | DENNEBERG Jan | Ramstrand Foundation | 35:06 | 18:25 |
| | 31 | 102 | SÖDERGREN Erik | - | 38:32 | 21:51 |
| | 32 | 164 | BERNEHOLT Kenneth | - | 44:17 | 27:36 |
| Damer 5 km Intervallstart klassisk stil | | | | | | |
| | 1 | 134 | HAGÅRD Jannie | OK Pan-Kristianstad | 20:27 | 0 |
| | 2 | 161 | ERIKSSON Katarina | Vallsta SK | 22:58 | 2:31 |
| | 3 | 635 | OLSSON Jenny | Hälsinglands multisport | 23:25 | 2:58 |
| | 4 | 144 | FORSLÖF Eva | - | 23:34 | 3:07 |
| | 5 | 155 | PIIROJA Katrin | Haren & skäldpaddorna | 24:31 | 4:04 |
| | 6 | 159 | SÖDERGREN Tilde | Bumphy Feet | 24:33 | 4:06 |
| | 7 | 106 | ÅBOM Helena | - | 24:56 | 4:29 |
| | 8 | 110 | FORELL Emilia | Hälsinglands multisport | 25:01 | 4:34 |
| | 9 | 132 | ÖBERG moa | hofors Löparklubb | 25:59 | 5:32 |
| | 10 | 136 | LARSSON Lotta | Svenska fönster | 27:05 | 6:38 |
| | 11 | 133 | HELLSTRÖM Pethra | - | 28:34 | 8:07 |
| | 12 | 165 | ÖBERG Amanda | Skärgårdens Multisportare | 29:18 | 8:51 |

PRELIMINÄRA RESULTAT

Antal deltagare: 162

| Klass | Plac | Start nr | Namn | Klubb | Totalt | Diff. |
|-------------------|------|----------|-------------------------------------|-----------------------|--------|-------|
| Damer 5 km | | | Intervallstart klassisk stil | | | |
| | 13 | 152 | MYLLIMÄKI Tove | Faxe atletklubb | 29:27 | 9:00 |
| | 14 | 129 | THYRÉN Moa | - | 29:53 | 9:26 |
| | 15 | 149 | LARSSON Sophia | - | 30:16 | 9:49 |
| | 16 | 120 | DAHLBERG Tua | Bollnäs | 30:52 | 10:25 |
| | 17 | 156 | BJELKE Pernilla | Haren & skäldpaddorna | 30:56 | 10:29 |
| | | 157 | ANDERSSON Beatrice | Haren & skäldpaddorna | 30:56 | 10:29 |
| | 19 | 162 | SÖRLING Ann-Sofie | - | 31:21 | 10:54 |
| | 20 | 103 | NÄSLUND Marie | - | 31:31 | 11:04 |
| | 21 | 160 | LINDÉN Emma | - | 31:42 | 11:15 |
| | 22 | 137 | NABB Annelie | Svenska fönster | 31:54 | 11:27 |
| | 23 | 168 | EKMARK Emelie | Söderhamn | 33:40 | 13:13 |
| | 24 | 145 | ERLANDER Ebba | Norråla IF | 33:47 | 13:20 |
| | 25 | 112 | SOLUM Karin | MP Söderhamn | 34:03 | 13:36 |
| | 26 | 105 | OLAFSDOTTIR Ingibjörg | - | 35:24 | 14:57 |
| | 27 | 128 | LANTZ Nova | - | 37:29 | 17:02 |
| | 28 | 104 | BRANDT Elvy | Nordanstigs FI | 40:57 | 20:30 |
| | 29 | 163 | BERNEHOLT Emelie | - | 44:18 | 23:51 |

PRELIMINÄRA RESULTAT

Antal deltagare: 162

| Klass | Plac | Start nr | Namn | Klubb | Totalt | Diff. |
|---------------------|------|----------|-------------------------------------|------------------------------|--------|-------|
| Herrar 10 km | | | Intervallstart klassisk stil | | | |
| | 1 | 698 | SÖDERGREN Anders | Trångsvikens IF | 34:38 | 0 |
| | 2 | 719 | OLSSON Chris | Ljusdals RC | 36:11 | 1:33 |
| | 3 | 680 | SUNDSTRÖM David | Söderhamns OK | 36:58 | 2:20 |
| | 4 | 703 | LINDSKOG Alexander | Hemlingby LK | 37:24 | 2:46 |
| | 5 | 651 | HEDQVIST Daniel | Bilmetro Running Club | 37:29 | 2:51 |
| | 6 | 678 | ENGBLOM Tobias | Räddningstjänsten Medelpad | 37:37 | 2:59 |
| | 7 | 713 | HÖKPERS Daniel | - | 37:45 | 3:07 |
| | 8 | 663 | INGLUND Johan | Norråla | 38:30 | 3:52 |
| | 9 | 654 | JONSSON Joakim | Broberg Söderhamn | 38:57 | 4:19 |
| | 10 | 716 | LÖFGREN Anders | Söderhamn | 39:04 | 4:26 |
| | 11 | 634 | ERIXON Peter | Söderhamns IF | 39:14 | 4:36 |
| | 12 | 681 | JANSSON Per | Runners | 39:49 | 5:11 |
| | 13 | 699 | NORDH Jimmy | Faxe Atletclub | 40:54 | 6:16 |
| | 14 | 701 | ÖSTLUND Andreas | Söderhamn | 41:22 | 6:44 |
| | 15 | 697 | PERSSON Jonas | Trönö IK | 41:42 | 7:04 |
| | 16 | 671 | GUSTAFSSON Per | Vallsta SK | 41:55 | 7:17 |
| | 17 | 706 | ANDERSSON Jan | Söderhamn | 42:45 | 8:07 |
| | 18 | 715 | NORLANDER Erik | Gävle | 43:46 | 9:08 |
| | 19 | 660 | NORIN Peter | Vallstask | 43:49 | 9:11 |
| | 20 | 687 | PERSSON Olof | Strands IF | 44:17 | 9:39 |
| | 21 | 798 | KIDANE Weidezohi | - | 44:21 | 9:43 |
| | 22 | 674 | NORLÉN Henrik | - | 44:34 | 9:56 |
| | 23 | 718 | KIBREAB Kifle | Hudiksvall | 44:59 | 10:21 |
| | 24 | 652 | FRIDLUND Patric | Bilmetro Running Club | 45:02 | 10:24 |
| | 25 | 688 | DAHLSTRÖM Björn | Gävle | 45:22 | 10:44 |
| | 26 | 643 | REINIUS Thomas | IF VP Uppsala | 46:30 | 11:52 |
| | 27 | 709 | OLOFSSON Svante | - | 46:47 | 12:09 |
| | 28 | 800 | GRUDÉN Göran | Skärgårdens Multisport | 47:09 | 12:31 |
| | 29 | 640 | BORGMAN Thomas | Synsam Oldstars | 47:25 | 12:47 |
| | 30 | 636 | LANDSTRÖM Jacob | - | 47:30 | 12:52 |
| | 31 | 649 | JOHANSSON Mats | Söderhamn | 47:31 | 12:53 |
| | 32 | 633 | WIKSTRÖM Lars | - | 47:34 | 12:56 |
| | 33 | 670 | RODIN Magnus | - | 47:36 | 12:58 |
| | 34 | 707 | GUSTAFSSON Mattias | Ljusne | 47:37 | 12:59 |
| | 35 | 683 | ANDERSSON Arne | - | 47:42 | 13:04 |
| | 36 | 666 | BERGLUND Örjan | Berglunds Grafiska | 47:52 | 13:14 |
| | 37 | 689 | LUNDQVIST Kent | Juristbyrån | 48:16 | 13:38 |
| | 38 | 704 | ÖSTERLUND Andreas | Falun | 48:48 | 14:10 |
| | 39 | 702 | BERGQVIST Göran | Bollnäs | 49:10 | 14:32 |
| | 40 | 694 | THÖRNROS Patrik | Sportsgym | 50:19 | 15:41 |
| | 41 | 630 | TYVE Mattias | Söderhamns Skidkamrater | 50:39 | 16:01 |
| | 42 | 648 | ERIKSSON Pär | - | 51:04 | 16:26 |
| | 43 | 655 | DAHLBERG Mikael | Bollnäs | 51:12 | 16:34 |
| | 44 | 705 | BÄCKSTRÖM Johan | Lag Ingsta | 51:44 | 17:06 |
| | 45 | 710 | BÄCKSTRÖM Jonas | Söderhamns OK | 52:19 | 17:41 |
| | 46 | 675 | RINGMAR Johan | Friskis & Svettis Hudiksvall | 52:20 | 17:42 |
| | 47 | 682 | BERGQVIST Per-Ola | - | 52:45 | 18:07 |

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| Klass | Plac | Start nr | Namn | Klubb | Totalt | Diff. |
|--|------|----------|------------------------------|-------------------------|---------|-------|
| Herrar 10 km Intervallstart klassisk stil | | | | | | |
| | 48 | 659 | LINDBLOM Johan | - | 52:49 | 18:11 |
| | 49 | 658 | STEEN Jesper | - | 53:30 | 18:52 |
| | 50 | 714 | BELLANDER Tomas | Sandviken | 53:51 | 19:13 |
| | 51 | 711 | BENKE Mattias | Söderhamns FF | 53:59 | 19:21 |
| | 52 | 696 | NILSSON Johan | Djupvik | 54:35 | 19:57 |
| | 53 | 685 | WERNERSSON Michael | Ingsta | 56:05 | 21:27 |
| | | 686 | GUNNARSSON Henrik | Ingsta | 56:05 | 21:27 |
| | 55 | 631 | SÖDERGREN Leif | - | 56:06 | 21:28 |
| | 56 | 668 | DAHLÉN Andreas | - | 56:35 | 21:57 |
| | 57 | 691 | JONSSON Magnus | - | 57:23 | 22:45 |
| | 58 | 708 | JONSSON Tommy | Bollnäs | 1:00:56 | 26:18 |
| Damer 10 km Intervallstart klassisk stil | | | | | | |
| | 1 | 669 | LÖFSTRÖM annika | årsunda if | 36:12 | 0 |
| | 2 | 673 | LINDGREN WALL Nadine | Ockelbo SK | 42:51 | 6:39 |
| | 3 | 695 | PEHRSSON Karolina | - | 43:22 | 7:10 |
| | 4 | 677 | RÖNNQVIST Erica | - | 44:54 | 8:42 |
| | 5 | 799 | WOXLIN Elin | Alfta ÖSA OK | 45:34 | 9:22 |
| | 6 | 717 | DAHLKVIST Elisabet | Björklinge SOK | 46:38 | 10:26 |
| | 7 | 676 | NORGREN Ann-Sofie | - | 49:16 | 13:04 |
| | 8 | 646 | PORIETE Liva | - | 49:58 | 13:46 |
| | 9 | 661 | LANDSTRÖN Linda | - | 50:00 | 13:48 |
| | 10 | 692 | SPÅNGBERG SÖDERBERG Angelica | - | 50:23 | 14:11 |
| | 11 | 664 | THURE Karin | IFK Umeå | 52:24 | 16:12 |
| | 12 | 645 | PERSSON Erika | - | 52:29 | 16:17 |
| | | 647 | WYSS Marion | - | 52:29 | 16:17 |
| | 14 | 642 | HIETHURI Lotta | IF VP Uppsala | 52:50 | 16:38 |
| | 15 | 665 | DAHLIN-JONES Annelie | Norråla IF | 52:55 | 16:43 |
| | 16 | 700 | HAMMARSTRÖM Ylva | Falun | 53:07 | 16:55 |
| | 17 | 684 | NYGREN Lina | - | 53:54 | 17:42 |
| | 18 | 712 | HÖKPERS Sara | - | 55:29 | 19:17 |
| | 19 | 690 | BLAD Lisa | Sundsvall | 55:33 | 19:21 |
| | 20 | 662 | PALMGREN Jessica | Gävle TK | 56:13 | 20:01 |
| | 21 | 667 | ALVÉN Maria | - | 56:35 | 20:23 |
| | 22 | 639 | ELFFORS Emelie | - | 57:26 | 21:14 |
| | 23 | 679 | PETTERSSON Ulrika | Hälsinglands multisport | 57:46 | 21:34 |
| | 24 | 644 | ESPLING Anki | Lonesome Runners | 57:53 | 21:41 |
| | 25 | 638 | ASTNER Linda | - | 58:35 | 22:23 |
| | 26 | 637 | DANIELSSON Sara | - | 59:03 | 22:51 |
| | 27 | 653 | GUSTAFSSON Ann | - | 59:24 | 23:12 |
| | | 720 | PERSSON Annika | Ljusne | 59:24 | 23:12 |
| Herrar 5 km Funrun Intervallstart klassisk stil | | | | | | |
| | 1 | 130 | RAMSTRAND Anders | Ramstrand Foundation | 35:06 | 0 |
| | | 131 | RAMSTRAND Magnus | Ramstrand Foundation | 35:06 | 0 |

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Antal deltagare: 162

| Klass | Plac | Start nr | Namn | Klubb | Totalt | Diff. |
|--------------------------|------|----------|-------------------------------------|-------------------------|----------|-------|
| Damer 5 km Funrun | | | Intervallstart klassisk stil | | | |
| | 1 | 135 | HELLSTRÖM Madeleine | Faxe atletklubb | 35:44 | 0 |
| EJ PLACERADE | | | 12 åkare | | | |
| Herrar 5 km | | | Intervallstart klassisk stil | | | |
| | | 101 | ZODDIUS Jonas | - | EJ START | |
| | | 113 | PEDERSEN Lars | katrineholm bandy | EJ START | |
| | | 166 | DAHLKVIST Mats | Björklinge SOK | | |
| Damer 5 km | | | Intervallstart klassisk stil | | | |
| | | 107 | ANDERSSON Carolina | - | | |
| | | 123 | LINDÉN Emma | - | EJ START | |
| Herrar 10 km | | | Intervallstart klassisk stil | | | |
| | | 632 | LINDKVIST Sven | Söderhamns Skidkamrater | | |
| | | 641 | BORGMAN John | Synsams farthållare | | |
| | | 656 | ZINGG Andrea | - | EJ START | |
| | | 672 | LINDBERG Magnus | Ockelbo SK | EJ START | |
| | | 693 | SAHLBERG Patrik | Stugsunds IK | EJ START | |
| Damer 10 km | | | Intervallstart klassisk stil | | | |
| | | 650 | NERSTEDT Sofia | Söderhamn | EJ START | |
| | | 657 | KAMMER Merle | - | EJ START | |